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DAWNBREAKER

MAINE DIVISION AMERICAN ASSOCIATION UNIVERSITY WOMEN

Mrs. Sally Bailey, President

VOLUME 19 NO. 2

Mrs. Roger Condit, Editor

Where Are We In Our Becoming?



Sally Bailey

Not only because we have just begun a new year when inventories are routinely made in businesses and institutions, as well as personal lives, but because it seems that all mature persons and organizations need to continually keep before them their purpose (even purposes or goals need to be reassessed), I raise the question for us to consider as persons and as members of AAUW, "Where are we in our becoming?"

To even begin to formulate an answer to the above questions presupposes that we are sensitive to ourselves as persons and as women (for we have a unique identity as women and there are many women who are engaged in active struggle to expand what they feel has been a limiting identity of woman—at least, the American woman). It presupposes that we are sensitive to others and their joys as well as sorrows in life.

However, I would propose that we have not been sensitive enough—to ourselves or the world of persons and situations about us. For we can't help but know that when we allow ourselves to become sensitive we will be compelled to become involved, and the involvement is invariably going to bring us suffering, either as an infringement on our time or feeling the pain of another's burden or plight in life. So the question becomes, "Are we voluntarily willing to suffer for what we believe is just and honest, not only for ourselves but for others—especially those who may not be as articulate as we?" (Words followed by responsible actions are still among the greatest expressions of sincere communication and commitment to others.)

Some of us launch out aggressively on causes, either at home or in our groups, that we believe are for the good of everyone without taking into consideration what such aggressiveness will do to alienate others or deny another's dignity as a person or group of persons to become what they can be or may be able to become. Such aggressiveness or "smother love", as it can be defined at times, is fundamentally selfish for it forces, makes dependent and subjugates.

Others of us are more passive, feeling that we must offend no one, so we will find something good in all situations, sit quietly by, smile politely, and let the other person do it. As a group, we'll keep our image untarnished by any controversy so everyone will feel, "At least they don't have to take us seriously. For they don't care." That's just the point, to quote from Rollo May's recent book, LOVE AND WILL: "Care is important because it is what is missing in our day. What young people are fighting, in revolts on college campuses and in the sweep of protests about the country, is the seeping, creeping conviction that nothing matters; the prevailing feeling that one can't do anything. The threat is apathy, uninvolvedness, the grasping for external stimulants. Care is a necessary antidote for this."

Are either of these opposite positions evidences of maturity? As I see mature persons, women or men, I have noted several common denominators. First, there is an openness to sincerely hear, see, and/or feel—to empathize with another. Secondly, when called to do so, one asserts oneself in a way that will draw forth positively in others mature responsibility to a given situa-

continued on page 2

Dickey Fellowship Fund Reaches \$18,000

The Margaret Dickey Fellowship Fund totalled \$18,000 as of October. Our goal is \$65,000, to be achieved in five years. Maine has contributed over \$4,000!

Individuals wishing to contribute to the Dickey fund in addition to branch activity may do so through her branch Fellowships Chairman, who will send the contributor's name to the state chairman, Dr. Elizabeth Russell, that Mrs. Dickey (Margaret Dickey's mother) may be notified personally. The gift will be credited to the branch.

continued from Page 1)

tion. In other words, what we let happen to us is often the result of not asserting ourselves maturely. Further, mature persons assert themselves responsibly when they see the rights of others being denied. Mature persons become involved--knowing that some time they may be defeated as well as victorious--however, they will have tried and will rise and try again. Mature persons enable others wherever and whenever they can to be themselves and what they may be capable of becoming.

To me, AAUW has been a mature group of women who have vision and will assert ourselves when responsibilities are before us, or when we see that the rights of others are being denied. If we take an inventory of our branches, how will we see ourselves in the community? As aggressive, passive, or assertive? Where we are in our becoming will be related directly to our sensitivity. How sensitive have we been to ourselves, to the persons closest to us, and to those who are in our branches and in our communities? If we are not sensitive to pain and suffering, neither will we know some of the deeper joys and beauty in life, for it is a marvelous paradox that our joys are proportionate to the pain that we know.

As mature persons in a group, we also have a responsibility to the other members to be there, to speak for ourselves--not after it is all over. In our "becoming," we have a prime opportunity to attend not only Branch but Division meetings to become responsibly informed as well as encouraged to act. We have unwieldy problems before our local town meetings and our State Legislature this year. To acquaint us with our Legislature in action and to enable us to work constructively in the future for legislation that we have endorsed in principle, it is hoped that many of our members throughout the state will be able to attend the Legislative Day in Augusta on February 23.

As a mature group, AAUW feels keenly the thrust for a unified society with improved quality of life for all people. These are magnificently idealistic statements. However, mature persons know that ideals can be reached if we work for these together. Let us do it.

Sally S. Bailey
Division President

3RD ENVIRONMENTAL CONGRESS

The 1971 Environmental Congress will meet on March 26 and 27, 1971 at Eastland Motor Hotel in Portland. Friday afternoon annual meetings will be held.

Saturday morning the annual meeting of the Natural Resources Council of Maine will be held. After a buffet lunch, four concurrent sessions related to Maine environmental issues will be conducted.

Arrangements are being made to engage a speaker of national prominence (Walter Hickle?) for Saturday evening.

All sessions are open to the public. This promises to be an exciting event to all of us concerned with Maine's environment.

Topics Chosen for '71-'73

The first issue of AAUW's newspaper, AAUW Journal, in its first sentence, describes activities of AAUW women in Maine. Does this convince you that Maine is on the map and on the go in ecological action in this country? Your efforts and concerns are noted and form part of a national effort.

The crisis in environment is one of the four topics selected by the Association for study and action by the 1679 branches during 1971-73. "This Beleaguered Earth" was extended for another two years because of the concern represented by the nationwide Emerging Issues suggestions.

"A Dollar's Worth" considers the price tags carried by constructive social goals--balanced ecology, population planning, quality educational services, and the like. It is designed to increase action programs and to help establish desirable personal and national priorities regarding production of goods and services.

The responsiveness of government to the needs and wishes of the people and the frustration of individual citizens in trying to influence governmental policies and actions will be considered by branches interested in the topic, "We the People." The courts, the police, and all other institutions that assure or deny social and legal justice will be first year priorities. Proposed action goals include helping to achieve reform of legal and political institutions.

"Crisis in Public Education" will consider the need for assessment and reform and stress the promotion and support of quality educational opportunities for all designed to achieve the best use of human resources. Topic goals include examining accountability and school financing, and development of school counseling programs and effective techniques for lobbying for educational reforms.

At Legislative Day in Augusta on February 23 we could all find out how Maine is equipped to handle these concerns and propose new legislation. Are there committees representing our new topics? Who are their members? Our Legislative Chairman will help guide our studies and activities.

"...We must understand that no person can grasp ideas unless he has done some thinking about them on his own. It is a truism that a man only understands that of which he already has the beginnings in himself. In other words, no matter how powerful a magnet may be, it can never attract straw or sawdust." (W. L. Tompkins, President, Missouri Valley College)

Mrs. Doris Kaplan

1st Vice President

Legislative Notes

Our legislative interests fall into three main categories: natural resources, human resources and education. During this legislative session we are committed by vote at the state meeting to support an effluent charge bill and abortion reform. The two effluent charge bills most likely to come before this session differ mainly in that one (the CWIC bill) makes no provision for crediting polluting industries with work done toward building treatment facilities prior to the time these facilities are functioning. The other bill makes this kind of provision.

Representative Dorothy Doyle of Bangor is presenting a bill that would repeal the current Maine law on abortion. Originally she wanted to take abortion out of the public area and leave it as a matter between physician and patient; however, she has been advised that it would be practical politics to have a liberalized bill ready to replace the old law. It is hoped that we can assist Representative Doyle in her effort. For suggestions on organizing local support groups we may contact Mrs. Diann Henderson, Co-Chairman of Maine Citizens for Abortion Reform, 323 Essex St. Bangor 04401.

A bill to make vasectomies definitely legal will also come before this session.

As of January 11, 1971, the Doyle bill had not been filed. However, there were three bills filed that would definitely fit into our legislative program:

- L.D. #14 An Act Providing for the Taxation and Preservation of Farm, Forest and Open Space Land.
- L.D. #66 An Act Relating to Relieving Elderly Persons from Increases in the Property Tax.
- L.D. #79 An Act Prohibiting the Sale or Use of Detergents Containing Phosphate.

Many current state services will depend on the income tax. The League of Women Voters notes that signers of the Scott Lamb income tax repeal petition wishing to withdraw their names can do so by writing Mr. Lamb of Ellsworth. The letter should identify the circulator and a copy should be sent to the Secretary of State in Augusta. Perhaps we could aid in circulating this information.

As legislative news of specific interest to AAUW becomes available it will be included in the Legislative Notes sent to branch legislative chairmen. I welcome your opinion on current bills and hope to see many of you at the Legislative Day on February 23.

Mrs. Ann DeWitt Legislative Prog. Chr.
R.D. #1, Oakland 04963

====AAUW=====



Campaign for a Candidate's Wife

by Anne R. Erwin

When a man runs for major office, his wife has a number of alternatives. First of all, she can stay out of it completely. Some women may have to make this choice for reasons of family, health or just plain fright. Or she can trot around behind her husband. Up to the present this is what the majority of candidate's wives have done. Finally, if she wishes to make a contribution and has the stamina and personality for it, she can launch a campaign of her own on her husband's behalf. This is what we did in the gubernatorial campaign in Maine during 1970.

Although it was the first such effort in our state, many people felt that it was effective and decidedly worth while. The candidate's wife touches areas which the candidate cannot always reach--hospitals, nursing homes, schools, senior citizens' groups, neighborhood get-togethers-- and while she is not the real McCoy, she does bring the candidate personally closer to many people. Her primary aim is to make friends. If she is so inclined, she might also help in the organizational work of the campaign. At times she may even speak on issues, provided she is both knowledgeable and articulate.

For such a women's campaign, the candidate's wife must have an effective organization of her own and a couple of first rate people managing and coordinating her campaign with that of her husband. We were most fortunate in this respect.

In my opinion, the experience was absolutely wonderful. There are those, however, who should not undertake such a campaign: devotees of Women's Lib, women with young children, coffee haters, women with ailing feet and/or less than an iron constitution, those with a thin skin (you get insulted on behalf of your husband), and women who do not have singleness of purpose. If the potential candidate's wife fits none of the above descriptions, if she believes 100% in her husband's candidacy, if she is more or less uncritical of people, devoted to the ideal of participation in community affairs, and if she sincerely wants to make a contribution, then she is ready to take an active part in her husband's campaign. I heartily recommend it!

Legislative Day—February 23, 1971

9:00 -- 10:00	Registration and orientation in the Capitol Rotunda
10:00 -- 11:00	Visit the House of Representatives and the Senate
11:30 -- 12:30	Luncheon at the Augusta House
	* Greetings by the Governor?
	* A talk by a woman legislator concerning a legislative topic of interest to AAUW. She will discuss ways that we can effectively express our legislative will.
	* A brief question and answer session.
1:00 -- 3:00 or 5:00	Attend and hopefully testify at hearings

Legislative Day Co-Chairmen are Miss Helen Dunn, Augusta Branch, and Mrs. Kingsley Birge, Waterville Branch.

A registration form appears below. Please fill it out and send it to the indicated address by February 15, 1971. There is no registration fee. Each member will pay for her lunch (about \$2.75) at the Augusta House.

Registration Form

I will attend the Legislative Day, including the luncheon at the Augusta House.

Name, Branch

Please return this form by February 15, 1971 to: Mrs. John Lane, Jr.
122 Winthrop Street
Augusta, Maine 04330

HOW TO PREPARE TESTIMONY FOR PUBLIC HEARING

(Reproduced from the Power Quotient Bag, published by AAUW National)

Testimony is an important part of the public decision-making process. It is a means of reflecting representative opinion in a specific manner. Your words will become a part of the record on the issue—either oral or written. Such opinions may be given to state legislatures and agencies, county boards, city councils and committees, school boards, governing boards of special districts.

Preliminary to testifying:

☐ Examination of legislative proposals and rules of concern to AAUW is conducted by the Legislative Chairman and her committee

☐ The committee decides on reasons for the testimony

Gives general support, or

Gives emphasis to some aspects of the proposals, and

Opposes some points or its entirety

Supports legislators so they may feel free to express "your" position

☐ Knows what is being proposed—analyzes bills or other public measures upon which you have decided to take action

☐ Becomes aware of existing law to note how any proposed change would improve the existing situation

☐ If possible observes hearings of the committee or other public body you will be addressing

Preparation includes:

☐ Compiling factual information to support your position

☐ Becoming familiar with the views of the opposition

☐ Being sure to know the name of the committee or body and its chairman whom you are addressing

☐ Bringing enough copies for all committee members, the press, other interested organizations and your own membership

☐ In preparing statement, remember to:

Identify your group and yourself as its spokesman

Identify the bill or public measure on which you are speaking, by title and/or number

Be concise—use short sentences

Give specific examples illustrating your points—particularly from areas represented by committee members

Summarize points clearly indicating your position of support or opposition

Thank the committee for the opportunity of presenting your views; offer to answer questions or produce more detailed information in support of your statements

Performance requirements:

☐ Familiarize yourself with legal procedures necessary for testifying

☐ Arrange to give testimony and get name on the agenda

☐ Avoid seeming to be an expert if you are not

☐ Remember in many instances bills or budgets go through committees and legislative bodies. Follow the progress of your bill, note changes and **make sure your testimony refers to up-dated version**

Bills and measures are not always enacted. Keep your copies of your testimony and the legislative record of your position in your files for future reference.

Become familiar with budget hearings so that you will support the funds necessary to implement the measures you have upheld.

Conference on State Needs

Mrs. Frank H. Howd, Division AR for Education, and Miss Velma Oliver, Division Past-President, were AAUW delegates to a Conference on State Needs in the 1970's, sponsored by the Higher Education Planning Commission, on December 13 and 14 in Bangor. 75 to 80 people representing a variety of Maine organizations participated in small group discussions at the conclusion of each presentation. The four speakers presented forecasts and objectives for the physical, economic, social, cultural, health and welfare, and human rights development in Maine.

Thoughts which seemed to pervade group discussions included the need for equal educational opportunity with improved counseling and guidance for the youth of the state at all levels. This was intertwined with the concepts of out-migration vs. in-migration and the imbalance of population and wealth as they affect disproportionate services rendered throughout the state. Many times the University was urged to be more sensitive to the needs of the people of Maine and to adopt programs that respond to these needs. The University system was told that it should better communicate to the people information concerning available programs and broaden its role in community service throughout the state.

Your delegates urge you to become informed about new programs being developed under the University system, i.e. the Community Colleges, special programs for high risk students, the Urban Adult Learning Center in Portland, and others. Concerns of your local branch and suggestions for planning should be made without hesitation to the Higher Education Planning Commission.



At the Fall Workshop, Dr. Gerald Metz, Bangor
ophthamologist, talks with (l. to r.) Pamela
Gemery, Jane Birge and Madeleine Parker.

Effluent Charge Discussed at Bangor

A panel discussion on riverine pollution in Maine and effluent charges legislation as a partial approach to the problem was held by the Bangor Branch on January 13, 1971. Panel members were: State Rep. Dorothy Doyle, an RN, with interests in legislation concerning public health and the environment; Prof. Lowell W. Zabel, Calder Professor of Pulp and Paper at U. of M. at Orono, who worked for 27 years for Kimberly Clark. He has worked on the design and construction of an effluent treatment system for a paper mill; and Dr. Franklin L. Roberts, Assoc. Prof. of Zoology at Orono, a specialist in Genetics and Vice Chairman of the Maine Group of the National Sierra Club.

Dr. Myrick Freeman of the Clean Water Initiative Committee was also present and briefly outlined his bill for effluent charges.

Prof. Zabel felt that industry was adhering to the present timetable for the construction of effluent treatment systems and that it should not be penalized by having effluent charges legislation imposed on it as well before the deadline of October 1976. By 1976 the percentages of paper mill discharges in Maine rivers would be appreciably reduced.

Dr. Roberts described in detail the danger of increased concentrations from discharges of non-degradable poisonous metals such as mercury, as they accumulate high in the food-chain, particularly in fish. He also favored effluent charges legislation, which is increasingly being found effective in the USSR, Hungary, Czechoslovakia, Germany, Holland, England, France and Canada. The Hungarian law includes a charge for the discharge of toxic substances; the new Canadian bill is structured about measurements of toxicity, which Roberts felt desirable. Mrs. Doyle described a climate of interest in environmental issues in the 105th Legislature and, by citing improvements in the water standards made in the 104th Legislature, indicated that by gradual raising of stream classifications in the future, industrial and municipal pollution could effectively be still further reduced.

Dr. Freeman's bill did not appear to receive the unqualified approval of the panel, although its intentions were applauded and it formed the basis for much constructive discussion.

Mrs. Deborah Thompson
Cultural AR, Bangor

Editor's note . . .

Your editor extends a special thank you to everyone who contributed material for this bulletin. It was all worth sharing with our state membership. I only regret that space limited the amount that could be printed. I hope you will bear with me as I feel my way into this challenging job.

六三：困蒙，吝。

Branch Highlights

PRESQUE ISLE

During September and October we were involved in a short but intense study group on drug abuse. Through the use of speakers and the involvement of others in the community, we feel we further encouraged the move toward drug education in the schools.

Other programs were a book review, drama, problems facing college administrators, and Women's Liberation.

BATH-BRUNSWICK

During October, Nutrition Month and "School Lunch Week", we sponsored a school lunch information program for parents with the excellent help of the school lunch dietitian and her staff. Our October program featured state aides who assist recipients of surplus foods in using them well, preparing nutritionally balanced meals.

Our annual book sale for scholarships and fellowships netted \$1400+. The food sale held simultaneously earned \$102 for the branch treasury.

In November we co-sponsored with the Merrymeeting Audobon Society an informational program on the effluent charge.

During the winter school recess AAUW will sponsor the Bates Players presentation of "Winnie the Pooh" on February 24 at 2 P.M. at Morse High School.

Our Education AR, Dorothy Anderson, aided by Joan Beauchamp and area guidance directors, is planning a college information program for area high school juniors.

Our new African Literature study group hopes to initiate a docent program at the Bowdoin College Art Museum.

The nutrition study group sponsored a meeting by Dr. G. Madison Cravey on "Diet for a Healthy Heart."

FRANKLIN COUNTY

We had a stimulating discussion with Prof. Orlando Delogu of the EIC on environmental issues in Maine. In November, Prof. Robert Martin, biologist, of Farmington discussed the role of the individual in pollution control. We met in January with air and water improvement engineers from International Paper Company in Jay.

A study group is doing the ground work for initiation of a Volunteers in Education program.

PORTLAND

The November meeting was devoted to a presentation by Jon Doyle, Deputy Attorney General, of proposed legislation from the State Committee of Landlords and Tenants. The meeting was also attended by members of the League of Women Voters, members of local tenant associations, City Council, local landlords, and newly elected representatives to the Legislature.

Franklin Towers, the meeting site, is an example of public housing for the elderly. We were given a tour of the building before the meeting and were pleased to see some of the residents join us for Mr. Doyle's talk.

Mrs. Mildred Mussman, branch president, is a member of Mr. Doyle's committee.

Mr. Doyle presented to the group three bills the committee hopes to present to the legislature at this session. They will help define rights of landlords and tenants in rental housing. A public hearing on these bills was held in Augusta December 7.

During the Q. and A. period following, our members were able to see a personal involvement of both landlords and tenants. I think all our members would agree we came away from this meeting with a much deeper understanding of the problem and frustrations involved in housing problems.

Our AR for Cultural Affairs, Mrs. John A. Baldwin, represents AAUW on the Greater Portland Arts Council. She keeps members informed of the Council's activities and encourages involvement in them, such as the arts festival which became a reality because of the action of Mildred Mussman, Former AR. Our branch also cooperates with the Portland Symphony's Women's Committee to present Piano Auditions for young artists from all over the country. We serve as a hostess group.

AUGUSTA

In September, Mr. Joseph Gauld, principal of the Hyde School in Bath, spoke to us on Innovative Education. A talk with slides on the Passamaquoddy Indians was presented in October by Mr. Joseph Pecoraro, State Consultant on Social Studies. Mr. Robert Dineen of the State Forestry Department spoke in November on Our Natural Resources. A Holiday Coffee for college girls and junior and senior high school girls highlighted December activities. In January, Mr. Horace Hildreth, Jr. will discuss with us possible legislation dealing with natural resources in Maine.

On February 25 we will sponsor the annual Children's Film Festival. Proceeds will go towards a local scholarship.

BRANCH HIGHLIGHTS, Cont.

HOULTON

A very successful fashion show opened the fall season. An overflow crowd enjoyed the fashions as well as entertainment provided by Ricker College students. Proceeds of the show support our annual scholarship to a Ricker College Junior girl and donations to the local Children's Theater and library. The show's success enabled us to raise the scholarship from \$100 to \$200.

"This Beleaguered Earth" has been the basis for our programs this year. A November panel on Man, Medicine and Survival featured "prospective medicine", as explained by a physician and physical therapist and druggist.

We look forward to entertaining the other branches at the annual convention on May 8.

BANGOR

This fall we have had programs on urban renewal, nutrition (using the film "The Other Americans"), family planning, and effluent charge legislation. In May we plan to visit Bangor International Airport.

This spring the Bangor, Orono-Old Town and Mt. Desert Island branches will sponsor the Bangor Community Theater production of "Pajama Game." We will be responsible for tickets, programs, publicity and other business details. Mrs. Richard Cohen is Coordinator. All profits will go to the Dickey Fellowship Fund.

ORONO - OLD TOWN

We initiated a volunteers and resource program in the Orono elementary schools this fall. Our planning was done last spring with the help of the Brunswick Branch.

John Cole, editor of the Maine Times, was our speaker at an open meeting in November. This brought out a large crowd and a list of people interested in meeting on the environmental problems of Maine.

CAPE NEDDICK

Our action projects this year will be Volunteers in Education, the sale of UNICEF materials, assisting in the school dental program, furnishing transportation for summer recreation (50 miles daily to the pool for lessons), and participation in Children's Theater Night.

NEW AAUW JOURNAL NEWSWORTHY

Your attention is called to the first issue of the AAUW Journal, October 1970. Page 2, Support of Candidates for Public Office, and Convention Resolutions are of particular interest to Program. Page 3 Membership Poll of Opinion on the Equal Rights Amendment and on Southeast Asia involvement are items to act on within the branches. Results of the poll will be used in formulating a resolution at the Dallas convention in June 1971.

The editorial on Page 4 considers "The Old Lady in Disguise;" action is not new to AAUW! Page 9, Topic News, gives insight into branch activities and also program resources, like the free film, "The Day Before Tomorrow," produced by Newsweek. The Dickie Fellowship is included in Regional News on page 10. AAUW Bookstall, the last section, presents a fine variety of books to please all tastes. Prices are much below list, and even a bonus is offered.

From all sides, it can be seen that the new newsletter is of interest and timeliness to program-minded members. Think of all the other items of interest it contains as well. Our compliments to "National!"

Mrs. Doris Kaplan
1st Vice-President

Bulletin Redesigned

The artist of the Bulletin's striking new masthead is Mrs. Jeannine Varuolo of Wilton. Jeannine is a member of the Franklin County Branch, as are the authors of the Bulletin's new title, DAWNBREAKER, Mr. and Mrs. Parker Norton of Kingfield. Mr. Norton, always present at the Franklin County meetings, was named an Honorary Member in May 1970.

DAWBREAKER
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04938

Mary had a little lamb, as dirty as a hog;
I asked her how it got that way. She
simply answered: "Smog" (The Machinist)